

IN THIS ISSUE

- [Tip of the Pro](#)
- [August Club Social](#)
- [Tennis News](#)
- [Summer Camps](#)
- [Aquatics News](#)
- [Fitness News](#)

QUICK LINKS

- [Membership](#)
- [USTA League](#)
- [Drills and Clinics](#)
- [Fitness Classes](#)
- [Meet our Staff](#)
- [Club Amenities](#)

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Join Our Mailing List!

Tip of the Pro



Consistency is the foundation of tennis, allowing all other aspects of the game to be applied. Rarely will a player win a match solely by hitting winners.



Hello,

You are receiving this newsletter because you are a Club Member or a friend. If you don't wish to receive updates on club events, community happenings, or tennis and health tips, click unsubscribe at the bottom of this page. Feel free to forward this newsletter to a friend. Hope to see you around the club soon!

Thank You,
 Ivo Dentchev
 Tennis Director and Club Manager

August Club Social....

Hawaiian Poolside and Tennis Mixer

Saturday, Aug. 22nd, 6 p.m. to 9 p.m. Fun for the whole family and the perfect opportunity to meet our newest members and introduce a guest to your club.



Play a little tennis and hang out by the pool for a poolside cookout. Members \$10. Non-Members \$15. Children 12 and under \$5. Food and drinks provided

Tennis News...

Matches are generally won by the player who makes the fewest errors. A prerequisite of consistency is excellent physical condition. A player must be able to stay in the point longer than their opponent and have the strength and stamina to repetitively and accurately produce shot after shot without tiring. Focus on consistency and physical conditioning and you will win more matches.



USTA Mixed Doubles Playoffs

The following Kilmarlic teams will go to Greenville for playoffs August 15th and 16th
Kilmarlic Smashers 6.0 Captain Beth Urch
Kilmarlic 7.0 Captain Susan Seay
Kilmarlic Kids 8.0 Captain Mary Temple Mullis
Kilmarlic Why Not? 8.0 Seniors, Captain Laurie Sage
Kilmarlic Killers 7.0 Seniors, Captain Dick Clauson (qualified but will not travel)
GOOD LUCK TO YOU!

USTA Fall Combo League

We currently have 8 USTA Men's and Ladies' Teams signed up plus 2 club non USTA Teams.

Health Partners

[Health Partner Program](#)

[Gold Level Atlantic Dentistry](#)

[Embarq](#)

[Resort Quest](#)

[Southern Insurance Agency, Inc.](#)

[Silver Level](#)

[Coastal Sports & Entertainment](#)

[Chilli Peppers](#)

To join a men's or ladies' team, or to find out more, contact Ivo Dentchev or Jim Scott 252-491-8626.

New Junior Clinics

Outer Banks Tennis Association Junior Clinics
Mondays and Wednesdays
August, September, and October
Ages: 5 to 7 - 3:30 p.m. to 4:30 p.m.
Ages: 8 to 13 - 4:30 p.m. to 6 p.m.
\$40 per month (\$5 per session paid monthly)
Instructors: Ivo Dentchev and Jim Scott

Singles and Doubles Challenge Ladder Outer Banks Tennis Association
Call Ivo Dentchev or Jim Scott at 252-491-8626 to sign up.

Free Outer Banks Tennis Association Clinic and Open House

Saturday, August 29th 9 a.m. to 12 noon. Join OBTA at this clinic and the \$150. initiation fee for Kilmarlic Club Membership is waived. Instructors Ivo Dentchev and Jim Scott - call to sign up 252-491-8626

Summer Camps...

[Restaurant](#)

[Kim Carroll,
State Farm](#)

[Gateway Bank](#)

[The Bean Drop](#)

[The Blue Point
Bar and Grill](#)

[Coldwell Banker
Seaside Realty](#)

[Hilton Garden
Inn](#)

[NASE](#)

[North Beach
Services](#)

[The Pointe Golf
Club](#)

[R. Lawson
Construction,
Inc.](#)

[Ramada Inn](#)

[Seascape Beach
& Golf](#)

[Shaklee -
Golden Wellness
Solutions](#)

[Sunbelt
Business
Brokers](#)

[Vincent Law
Firm](#)

[Wachovia](#)

[No links](#)



British Soccer Camp at Kilmarlic

Aug. 10-14, ages 3-16

High quality coaching in a fun and educational format by well-trained coaches. Check out the format, schedule and prices and sign up on line at www.challengersports.com

Aquatics News...



Swimming Lessons

Red Cross Swimming Lessons with Haley Bartolotta. Last session of the summer Aug. 10-20. Contact Haley at haleyhytt@aol.com or 252-202-4253.

OBX Swim Team

Swim practice continues through August at Kilmarlic. Contact Craig Bialorucki at 252-599-7946 for details.

Master's Swimming

Please contact Aquatics Director Haley Bartolotta haleyhytt@aol.com if you are interested in participating in a Master's Swimming group. To find out more about Master's Swimming check out www.usms.com

Fitness News...

available
Try my nuts,
Nut company

Poseidon
Ventures

Currituck Tennis
Association

Outer Banks
Tennis
Association



10,000 Steps Club

Our next community race is the OBX Sandbar 5k, Sunday, Aug. 9th at 8 a.m. Proceeds will benefit The Outer Banks Relief Foundation, assisting citizens burdened with financial difficulty due to debilitating illness or personal tragedy. Sign up now www.outerbanksrunningclub.org/sandbar_4000_outer_banks.htm

Coming up, OBX Marathon/1/2 Marathon, Nov. 7. Sign up now and start training. Contact Wellness Director Lori Campbell to obtain walking or running training schedules or to join the club loricampbell3@gmail.com

Keep up with your step tracking! [Read more about this free club](#)
>>

**Save
\$150
Initiation
Fee**

Join Outer Banks Tennis Association (OBTA) at our Open House and Free Tennis Clinic on Saturday, August 29th from 9 a.m. to 12 noon and you are eligible to become a member of Kilmarlic Health & Racquet Club with no initiation fee. A \$150 value.

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